

BIBLIOGRAPHY OF RECOMMENDED BOOKS FOR PROSTATE CANCER SURVIVORS & FAMILIES

The following list of books has been recommended by prostate cancer survivors, caregivers, and health care professionals. We hope that you will find this list to be informative and helpful to you and your personal support team as you battle this disease. The books reflect no preference and many books can be placed within more than one category. Revised – March 2019.

BOOKS DETAILING THE MEDICAL ASPECTS OF PROSTATE CANCER

MEDICAL ASPECTS

100 Questions and Answers about Prostate Cancer by Pamela Ellsworth, John Heaney, and Cliff Gill, 2014.

Killing Cancer by L.J. Martin, 2018.

The Key to Prostate Cancer by Mark Scholz, MD, 2018.

Prostate Cancer 20/20 by Andrew Siegel, MD, 2019.

The ABC of Prostate Cancer Today by Alan G. Laurenson, 2016.

VARIOUS MEDICAL OPTIONS AVAILABLE

Prostate Cancer: A Man's Guide to Treatment by Arthur Centeno, M.D. & Gary Onik, M.D., 2nd ed., 2014.

Promoting Wellness Beyond Hormone Therapy by Mark A. Moyad, M.D., MPH, 2nd ed., 2013.

Dr. Patrick Walsh's Guide to Surviving Prostate Cancer by Patrick C. Walsh, M.D. & Janet Farrar Worthington, 4th ed., 2018

Invasion of the Prostate Snatchers: An Essential Guide to Managing Prostate Cancer for Patients and their Families by Ralph Blum & Mark Scholz, M.D., 2011.

Prostate Cancer, A New Approach to Treatment and Healing by Dr. Emilia A. Pipoli, MD and Mark B. Saunders, 2017

I Left My Prostate in San Francisco – Where's Yours? By Rick Redner, 2013.

Androgen Deprivation Therapy – An Essential Guide for Prostate Cancer Patients and Their Loved Ones by Richard J. Wasserburg, PhD, Lauren M. Walker, PhD, Psych, John W. Robinson, PhD, Psych, 2018.

SIDE EFFECTS - INCONTINENCE & IMPOTENCE

Prostate Cancer Survivors Speak Their Minds: Advice on Options, Treatments, and Aftereffects by Arthur L. Burnett, II, M.D. & Norman S. Morris, 2010.

Saving Your Sex Life: A Guide for Men with Prostate Cancer by John Mulhall, M.D., 2008, 2010 (Kindle edition).

Intimacy with Impotence: The Complete Guide to Better Sex after Prostate Disease by Barbara & Ralph Alterowitz, 2004, 2005.

BOOKS ON NUTRITION, EXERCISE, & LIFESTYLE CHANGES

Radical Remission: Surviving Cancer Against All Odds by Kelly A. Turner, Ph.D., 2014

Exercises for Cancer Survivors by Carol Michaels, 2014.

You Can Conquer Cancer: A New Way of Living by Ian Gawler, BVSc, 3rd rev. ed., 2013.

Promoting Wellness for Prostate Cancer Patients by Mark A. Moyad, M.D., MPH, 4th ed., 2013.

The New Prostate Cancer Nutrition Book by Charles "Snuffy" Myers, M.D., Gabrielle Myers, et al, 2012 (available at prostateteam.com/rhp.php).

Anticancer: A New Way of Life by David Servan-Schreiber, M.D., Ph.D, 2009.

BOOKS FOR WOMEN AND THE MEN THEY LOVE

Prostate Cancer and the Man You Love: Supporting and Caring for Your Partner by Anne Katz, 2012.

How We Survived Prostate Cancer by Victoria Hallerman, 2009.

Facing the Tiger: A Guide for Men with Prostate Cancer and the People Who Love Them, by Suzanne Chambers, 2014.

A Woman's Guide to Thriving After Prostate Cancer by Candie Hubrak, 2011.

Prostate Cancer and the Man You Love by Anne Katz, PhD, RN, FAAN.

BOOKS FOR GAY MEN

What Every Gay Man Needs to Know About Prostate Cancer: The Essential Guide to Diagnosis, Treatment, and Recovery by Gerald Perlman, Ph.D., 2013.

Gay and Bisexual Men Living With Prostate Cancer: From Diagnosis to Recovery by Jane Ussher, Janette Perz, B.R. Simon Rosser, 2018.

PROSTATE CANCER BLOGS

Prostate Cancer Foundation pcf.org/news

Harvard Prostate Knowledge - www.health.harvard.edu/blog/topics/hpk

Malecare Prostate Cancer Blog - malecare.org/blog/

Sperling Prostate Cancer Blog - sperlingprostatecenter.com/blog/

His Prostate Cancer - www.hisprostatecancer.com/

www.cancer.net/ – search Survivorship resources

USEFUL WEBSITES – GENERAL INFORMATION

National Cancer Institute www.cancer.gov and www.nci.gov/cancertopics/prostate

Phoenix 5 www.phoenix5.org

United States National Library of Medicine and National Institute of Health
www.nlm.nih.gov/medlineplus/prostatecancer.html

MaleCare www.malecare.com

US Too www.ustoo.com/ProstatePointers.asp

National Comprehensive Cancer Network www.nccn.org/

National Cancer Institute – NCI -Designated Cancer Centers
www.cancer.gov/researchandfunding/extramural/cancercenters

American Urological Association – www.auanet.org click on Guidelines

WEBSITES LINKED TO CLINICAL TRIALS

National Cancer Institute www.cancer.gov/clinicaltrials

National Institute of Health www.clinicaltrials.gov

Located on server