BIBLIOGRAPHY OF RECOMMENDED BOOKS FOR PROSTATE CANCER SURVIVORS & FAMILIES

The following list of books has been recommended by prostate cancer survivors, caregivers, and health care professionals. We hope that you will find this list to be informative and helpful to you and your personal support team as you battle this disease. The books reflect no preference and many books can be placed within more than one category. Revised – March 2019.

BOOKS DETAILING THE MEDICAL ASPECTS OF PROSTATE CANCER

MEDICAL ASPECTS

100 Questions and Answers about Prostate Cancer by Pamela Ellsworth, John Heaney, and Cliff Gill, 2014.


The Key to Prostate Cancer by Mark Scholz, MD, 2018.

Prostate Cancer 20/20 by Andrew Siegel, MD, 2019.

The ABC of Prostate Cancer Today by Alan G. Laurenson, 2016.

VARIOUS MEDICAL OPTIONS AVAILABLE


Dr. Patrick Walsh’s Guide to Surviving Prostate Cancer by Patrick C. Walsh, M.D. & Janet Farrar Worthington, 4th ed., 2018

Invasion of the Prostate Snatchers: An Essential Guide to Managing Prostate Cancer for Patients and their Families by Ralph Blum & Mark Scholz, M.D., 2011.

Prostate Cancer, A New Approach to Treatment and Healing by Dr. Emilia A. Pipoli, MD and Mark B. Saunders, 2017


Androgen Deprivation Therapy – An Essential Guide for Prostate Cancer Patients and Their Loved Ones by Richard J. Wasserburg, PhD, Lauren M. Walker, PhD, Psych, John W. Robinson, PhD, Psych, 2018.

SIDE EFFECTS - INCONTINENCE & IMPOTENCE


BOOKS ON NUTRITION, EXERCISE, & LIFESTYLE CHANGES

Radical Remission: Surviving Cancer Against All Odds by Kelly A. Turner, Ph.D., 2014

Exercises for Cancer Survivors by Carol Michaels, 2014.


Anticancer: A New Way of Life by David Servan-Schreiber, M.D., Ph.D, 2009.

BOOKS FOR WOMEN AND THE MEN THEY LOVE


How We Survived Prostate Cancer by Victoria Hallerman, 2009.


A Woman's Guide to Thriving After Prostate Cancer by Candie Hubrak, 2011.

Prostate Cancer and the Man You Love by Anne Katz, PhD, RN, FAAN.

BOOKS FOR GAY MEN


PROSTATE CANCER BLOGS

Prostate Cancer Foundation pcf.org/news

Harvard Prostate Knowledge - www.health.harvard.edu/blog/topics/hpk

Malecare Prostate Cancer Blog - malecare.org/blog/

Sperling Prostate Cancer Blog - sperlingprostatecenter.com/blog/

His Prostate Cancer - www.hisprostatecancer.com/

www.cancer.net/ – search Survivorship resources
USEFUL WEBSITES – GENERAL INFORMATION

National Cancer Institute  www.cancer.gov and  www.nci.gov/cancertopics/prostate

Phoenix 5  www.phoenix5.org

United States National Library of Medicine and National Institute of Health

MaleCare  www.malecare.com

US Too  www.ustoo.com/ProstatePointers.asp

National Comprehensive Cancer Network  www.nccn.org/

National Cancer Institute – NCI -Designated Cancer Centers
www.cancer.gov/researchandfunding/extramural/cancercenters

American Urological Association –  www.auanet.org  click on Guidelines

WEBSITES LINKED TO CLINICAL TRIALS

National Cancer Institute  www.cancer.gov/clinicaltrials

National Institute of Health  www.clinicaltrials.gov

Located on server